

# The 5 'T's of Tropical Disease

## Type

What type of organism is it?  
Bacteria, virus, parasite.....  
What does it effect in the  
body?  
le, heart, brain, lungs....

## Transmission Route

How is the disease  
transmitted?  
Animal, vector, person  
To person

## Treatment and Prevention

Is there a treatment post  
exposure?  
Are there pre-exposure  
treatments or measures?

## Travellers Risk

What factors increase  
the travellers risk of  
the disease?

## Take Home Message

What are the key  
messages you want your  
traveller to retain?  
Keep it simple

	Type	Transmission Route	Treatment & Prevention	Travellers Risk	Take Home Message
Hepatitis A					
Typhoid					
Cholera					
Hepatitis B					
Diphtheria					
Tetanus					
Polio					

	Type	Transmission Route	Treatment & Prevention	Travellers Risk	Take Home Message
Rabies					
Meningococcal Disease					
Yellow Fever					
Tuberculosis					
Tick borne Encephalitis					
Japanese Encephalitis					
Notes					