

Paediatric Minor Illness

A comprehensive course for registered healthcare professionals

Key Information



Who training is for
**Registered
Healthcare
Professionals**



Length of course
3 days



Per delegate cost
£450



Format of course
**Live via Zoom or
Face-to-Face**



Dates of course
TBC



CPD Hours
21 hours



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Academy

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Course Summary



Our 'Paediatric Minor Illness' Course aims to provide nurses and healthcare professionals in general practice with essential skills for assessing and managing common paediatric minor illnesses. Participants will develop practical skills in history taking, assessments, and diagnosis to safely and effectively manage minor childhood illnesses in a general practice setting.

Course Content



Introduction to Paediatric Minor Illnesses



Understanding Paediatric Anatomy & Physiology and Child Development



History Taking and Physical Exam Techniques



Effective Communication



Recognition of the Sick Child



Fever in Children



Respiratory Illness



Gastrointestinal/Genito-urinary complaints



Skin Conditions



ENT and Eye Problems



Legal and Professional Responsibilities



Collaboration and Continuity



Putting it all Together in Practice

Detailed Course Description



This comprehensive course is tailored for practice nurses and healthcare professionals working in primary care, offering clinical skills in assessing and managing paediatric patients. With a focus on early recognition and evidence-based management, the course covers common minor childhood presentations and illnesses. The course aims to enhance history-taking, communication, and diagnostic skills, developing competence in diagnosing and managing common childhood illnesses. Participants will also explore topics of health promotion, and consider legal and ethical considerations and paediatric patient management, including referral requirements for safe practice. Through interactive and engaging case studies and practical examples, participants will gain the knowledge and understanding required for a holistic approach to paediatric minor illness assessment and care.

Developed in line with UK National Standards and Guidelines (including those in England, Wales, Scotland and Northern Ireland) and guidance from the NHS, NICE, the Royal College of Nursing (RCN) and the Royal College of Paediatrics and Child Health (RCPCH).

Upon successful completion of the course, participants earn a certificate in Paediatric Minor Illness, providing a pathway to gain clinical competence and practice under supervision through hands-on experience and mentorship in practice.

Paediatric Minor Illness: Core Modules

- Introduction to Paediatric Minor Illnesses
 - Overview of paediatric minor illnesses
 - Overview of common childhood disorders and diseases
 - Importance of early recognition and management
- Understanding Paediatric Anatomy & Physiology and Child Development
 - Understanding paediatric anatomy and physiology
 - Age-appropriate assessment and communication
 - Growth and developmental milestones and considerations
- History Taking and Physical Exam Techniques
 - Taking an effective and thorough clinical history
 - Consultation skills
 - Examination techniques and assessment tools
 - Recognising normal variations in vital signs
 - Recognising common presentations
- Effective Communication
 - Communication techniques for engaging patients and their caregivers
 - Building rapport with paediatric patients and their families
- Recognition of the Sick Child
 - Identifying signs of an acutely unwell child
 - Early recognition of red flags and warning signs
- Fever in Children
 - Possible causes of fever in children
 - Management of fever
- Respiratory Illness
 - Assessment and management of common respiratory conditions
 - Asthma management in children
 - Examination techniques
- Gastrointestinal/Genito-urinary complaints
 - Assessment and management of gastrointestinal issues in children
 - Recognising and managing UTI's in children
- Skin Conditions
 - Assessment and clinical decision-making in rashes and other common skin conditions

- ENT and Eye Problems
 - Presentation, diagnosis and management of common minor ENT conditions
 - ENT examination
 - Overview of eye conditions in children
 - Eye examinations
- Legal and Professional Responsibilities
 - Importance of accurate and comprehensive record-keeping
 - Legal and ethical considerations in adolescent healthcare
 - Consent and confidentiality
 - Safeguarding and non-accidental injury
 - Evidence-based approaches to managing common presentations
 - Incorporating the latest research into clinical decision-making
- Collaboration and Continuity
 - Referrals to other primary, community and secondary care members
 - Importance of collaboration with other healthcare professionals to provide cohesive care
- Putting it all Together in Practice
 - Overview of the role of health promotion in preventing illness and promoting well being
 - Providing education and support to children and their families
 - Importance of involving families in the care plan
 - Review of key concepts through case studies and discussions
 - Creating follow-up plans and monitoring
 - Practical examples
 - Q&A session

Course Alignment

This course has been developed in line with the following guidelines

RCPCH Guidelines:

<https://www.rcpch.ac.uk/resources/clinical-guidelines>

RCN:

<https://www.rcn.org.uk/-/media/Royal-College-Of-Nursing/Documents/Publications/2020/December/009-405.pdf>

<https://www.rcn.org.uk/-/media/royal-college-of-nursing/documents/publications/2017/may/pub-005942.pdf>

NICE guidance: Children and Young People

<https://www.nice.org.uk/guidance/population-groups/children-and-young-people>

NICE: Clinical Knowledge Summaries

<https://cks.nice.org.uk/>

National Service Framework: Children, Young People and Maternity Services

<https://www.gov.uk/government/publications/national-service-framework-children-young-people-and-maternity-services>