

Cardiovascular Disease Update for HCAs

A refresher course designed for Healthcare Assistants working in Primary Care

Key Information



Who training is for
Health Care Assistants



Length of course
Half day



Per delegate cost
£95



Format of course
Live via Zoom



Dates of course
TBC



CPD Hours
4 hours

Course Summary

Our 'Cardiovascular Disease Update for HCAs' provides non registered practitioners with a refresher on the latest in CVD management in primary care.

Course Content



Overview of CVD



Latest Guidance on Risk Assessments of CVD



Optimising CVD and Hypertensive Reviews



Resources and Continuing Education



Practical Case Studies and Complex Scenarios



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info@HealthAcademyOnline.co.uk

Detailed Course Description



This half-day workshop provides an update on the management of cardiovascular diseases (CVD) for HCAs and other non registered practitioners who are regularly supporting RHCs with CVD and hypertension reviews and have already completed initial foundations of CVD training. Participants will review current guidelines, revisit evidence-based diagnostic and treatment pathways, and have a refresher on the latest in CVD annual reviews and self management strategies.

Developed in line with current UK National Standards and Guidelines (including those in England, Wales, Scotland and Northern Ireland) and guidance from the NHS, NICE and Best Practice Guidelines.

Cardiovascular Disease Update for HCAs: Core Modules

- **Overview of CVD**
 - Review of pathophysiology, common conditions and risk factors for CVD
 - Refresher on the role of the HCA in supporting and managing CVD
- **Latest Guidance on Risk Assessments and Management of CVD**
 - Updates and review of diagnosis and risk assessment tools
 - Review of latest guidelines and research recommendations
 - Updates in latest treatment, medication and management options
- **Optimising CVD and Hypertensive Reviews**
 - Annual review requirements and updates
 - Lifestyle advice and preventative strategies
 - Enhancing patient empowerment and self-management
- **Resources and Continuing Education**
 - Review of resources and opportunities for continuing professional development
- **Practical Case Studies and Complex Scenarios**
 - Discussion on complex case studies and scenarios
 - Opportunity for Q&A discussion

Course Alignment

This course has been developed in line with the following guidelines:

NICE Guidelines Cardiovascular disease: risk assessment and reduction, including lipid modification [NG238]
<https://www.nice.org.uk/guidance/ng238>

NICE Guidelines: Hypertension in adults: diagnosis and management [NG136]
<https://www.nice.org.uk/guidance/ng136>

NICE Guidelines: Chronic heart failure in adults: diagnosis and management [NG106]
<https://www.nice.org.uk/guidance/ng106>

NICE Guidelines: Stroke and transient ischaemic attack in over 16s: diagnosis and initial management [NG128]
<https://www.nice.org.uk/guidance/ng128>

NICE Public health guideline: Cardiovascular disease prevention [PH25] <https://www.nice.org.uk/guidance/ph25>

NICE Guidelines: Atrial fibrillation: diagnosis and management [NG196]

<https://www.nice.org.uk/guidance/ng196>

Primary Care Cardiovascular Society <https://pccsuk.org/>

NHS Health Check: <https://www.healthcheck.nhs.uk/commissioners-and-providers/national-guidance/>

QRisk 3 calculator <https://qrisk.org/three>

JBS3 calculator <http://www.jbs3risk.com/>

Health Matters: Preventing Cardiovascular Disease <https://www.gov.uk/government/publications/health-matters-preventing-cardiovascular-disease>

Cardiovascular Disease Outcomes Strategy Improving outcomes for people with or at risk of cardiovascular disease

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/214895/9387-2900853-CVD-Outcomes_web1.pdf

Network Contract DES – CVD prevention and diagnosis guidance for 2023/24:

<https://www.england.nhs.uk/publication/network-contract-des-cvd-prevention-and-diagnosis-guidance-for-2023-24/>

NHS Long Term Plan: <https://www.longtermplan.nhs.uk/online-version/chapter-3-further-progress-on-care-quality-and-outcomes/better-care-for-major-health-conditions/cardiovascular-disease/>

CVD Prevent <https://www.cvdprevent.nhs.uk/home>