

# Diabetes Update for HCAs

A course designed for Healthcare Assistants working in Primary Care

## Key Information



Who training is for  
**Health Care Assistants**



Length of course  
**Half day**



Per delegate cost  
**£95**



Format of course  
**Live via Zoom**



Dates of course  
**TBC**



CPD Hours  
**4 hours**

## Course Summary



Our 'Diabetes Update for HCAs' provides non registered practitioners with a refresher on the latest in Diabetes Diagnosis and Management in Primary Care.

## Course Content



**Overview of Diabetes**



**Diagnosis and Management of Diabetes**



**Optimising Diabetes Reviews and Self Management Strategies**



**Assessment and Management of Diabetic Complications**



**Resources and Continuing Education**



**Practical Case Studies and Complex Scenarios**



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# Detailed Course Description



This half-day workshop provides an update on diabetes diagnosis and management for HCAs and other non-registered practitioners who are regularly supporting RHCs with diabetic reviews and have already completed initial foundations of diabetes training. Participants will review current guidelines, revisit evidence-based diagnostic and treatment pathways, and have a refresher on the latest in diabetes annual reviews and self-management strategies.

Developed in line with current UK National Standards and Guidelines (including those in England, Wales, Scotland and Northern Ireland) and guidance from the NHS, NICE and Best Practice Guidelines and Competency Frameworks.

## Diabetes Update for HCAs: Core Modules

- **Overview of Diabetes**
  - Review of pathophysiology and risk factors for diabetes
- **Diagnosis and Management of Diabetes**
  - Updates and review of diagnostic criteria and investigations
  - Review of latest guidelines and research recommendations
  - Updates in latest treatment, medication and management options
- **Optimising Diabetes Reviews and Self Management Strategies**
  - Annual review requirements
  - 8 care processes
  - Lifestyle advice
  - Enhancing patient empowerment and self-management
- **Assessment and Management of Diabetic Complications**
  - Recognising signs of complications
  - Knowing when to refer
  - Diabetes and special risk groups
- **Resources and Continuing Education**
  - Review of resources and opportunities for continuing professional development
- **Practical Case Studies and Complex Scenarios**
  - Discussion on complex case studies and scenarios
  - Opportunity for Q&A discussion

## Course Alignment

This course has been developed in line with the following guidelines:

NICE guideline [NG28] Type 2 diabetes in adults: management

<https://www.nice.org.uk/guidance/ng28>

NICE guidelines [NG17] Type 1 diabetes in adults: diagnosis and management

<https://www.nice.org.uk/guidance/ng17>

NICE public health guideline [PH38] Type 2 diabetes: prevention in people at high risk

<https://www.nice.org.uk/guidance/ph38>

Best Practice in the Delivery of Diabetes Care in the Primary Care Network

<https://www.diabetes.org.uk/for-professionals/improving-care/good-practice/primary-and-community-care/pcn-delivery-of-care>

TREND competencies

<https://trenddiabetes.online/portfolio/an-integrated-career-and-competency-framework-for-adult-diabetes-nursing-6th-edition/>