

Foundations of COPD for RHCPs

A course designed for Registered Health Care Professionals working in Primary Care

Key Information



Who training is for
Registered Health Care Professionals



Length of course
1 day



Per delegate cost
£160



Format of course
Live via Zoom or Face-to-Face



Dates of course
TBC



CPD Hours
7 hours

Course Summary



Our 'Foundations of COPD' course provides RHCPs with the essential knowledge and skills needed to effectively manage Chronic Obstructive Pulmonary Disease (COPD) in primary care settings.

Course Content



- Introduction to COPD
- Anatomy and Physiology of the Respiratory System
- Diagnosis and Management in Primary Care
- Pharmacological and Non-pharmacological Management of COPD
- Patient Education and Self Management
- Putting it all Together in Practice



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Detailed Course Description



Our 'Foundations of COPD for RHCPs' course is designed to provide practice nurses and other RHCPs with the essential theoretical knowledge and practical skills in understanding COPD and its management in primary care settings. The course will cover the fundamentals of COPD, including anatomy and physiology, diagnosis, treatment options and practical skills and self-management strategies for patient care. Through interactive sessions, case studies, and discussions, participants will gain the knowledge and confidence to effectively manage COPD patients and improve outcomes.

Developed in line with current UK National Standards and Guidelines (including those in England, Wales, Scotland and Northern Ireland) and guidance from the NHS and NICE.

Foundations of COPD for RHCPs: Core Modules

- **Introduction to COPD**
 - Definition, epidemiology and impact of COPD
 - Overview of COPD care in primary care
- **Anatomy and Physiology of the Respiratory System**
 - Overview of the respiratory system and its functions.
 - Pathophysiology of COPD
- **Diagnosis and Management in Primary Care**
 - Clinical assessment and diagnosis of COPD
 - Evidence-based diagnostic pathways
 - Role of spirometry
- **Pharmacological and Non-pharmacological Management of COPD**
 - Medications and Guidelines
 - Inhaler devices and techniques
 - Oral therapy and long term oxygen use
 - Non-pharmacological approaches to COPD management
 - Identifying and managing acute COPD exacerbations
- **Patient Education and Self Management**
 - Lifestyle, personal, and environmental factors associated with COPD
 - Importance of patient education in COPD management
 - Supporting individualised self-management action plans
 - Signposting patients to relevant resources and services
 - Importance of multidisciplinary care
- **Putting it all Together in Practice**
 - Case studies and practical examples
 - Q&A discussion

A 'Foundations of COPD for RHCPs' certificate will be allocated on successful completion of the course)

Course Alignment

This course has been developed in line with the following guidelines:

NICE guidelines [NG115] Chronic obstructive pulmonary disease in over 16s: diagnosis and management
<https://www.nice.org.uk/guidance/ng115>

Global Initiative for Chronic Obstructive Lung Disease [GOLD]
<https://goldcopd.org/>

Managing Malnutrition in COPD
<https://www.malnutritionpathway.co.uk/copd>