

# Assessment of the Child in Primary Care

A comprehensive course for Practice Nurses and other Primary Care Professionals

## Key Information



Who training is for  
**Registered Healthcare Professionals**



Length of course  
**2 days**



Per delegate cost  
**£300**  
group offers available upon request



Format of course  
**Live via Zoom or Face-to-Face**



Dates of course  
**TBC**



CPD Hours  
**14 hours**



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[HealthAcademyOnline.co.uk](https://HealthAcademyOnline.co.uk)



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## Course Summary



Our 'Assessment of the Child in Primary Care' course is designed to equip healthcare professionals with the knowledge and skills needed to navigate paediatric assessments confidently. Covering common conditions, signs and symptoms, participants will learn the fundamentals of conducting comprehensive assessments and managing various paediatric presentations in primary care settings.

## Course Content



**Introduction to Paediatric Assessment**



**Common Paediatric Illnesses and Conditions**



**Differentiating Parameters Across Age Groups**



**Overview of Comprehensive Assessments**



**Effective History Taking**



**Communication with Children and Parents**



**Examination of the Respiratory System**



**Cardiovascular Assessment**



**Abdominal Examination**



**Neurological Examination**



**Other Specialised Assessments**



**Recognition of the Sick Child and Emergency Situations**



**Safeguarding Issues**



**Putting It All Together in Practice**

# Detailed Course Description



This comprehensive course delves into effective paediatric assessment and is suitable for practice nurses and other healthcare professionals working in primary care. Covering common conditions, their signs and symptoms and age-specific considerations, participants will acquire essential skills in history-taking and physical examinations. The course emphasises a systematic approach and participants will learn essential skills in respiratory, cardiovascular, abdominal, and neurological examinations in order to have the foundational knowledge required for effective physical examinations. Interactive activities and practical case studies and exercises will be integrated to enhance practical assessment skills, critical thinking and proficiency in recognising and managing common paediatric presentations.

Developed in line with UK National Standards and Guidelines (including those in England, Wales, Scotland and Northern Ireland) and guidance from the NHS, NICE, Royal College of Nursing (RCN) and the Royal College of Paediatrics and Child Health (RCPCH).

Upon successful completion of the course, participants will earn a certificate in Assessment of the Child in Primary Care, providing a pathway to gain clinical competence and practice under supervision through hands-on experience and mentorship in practice.

## **Assessment of the Child in Primary Care: Core Modules**

- Introduction to Paediatric Assessment
  - Importance of effective paediatric assessment in primary care
- Common Paediatric Illnesses and Conditions
  - Overview of prevalent paediatric conditions encountered in primary care
  - Recognising signs of common paediatric illnesses
- Differentiating Parameters Across Age Groups
  - Recognising how age impacts common presentations in children
  - Tailoring assessments based on age-specific considerations
- Overview of Comprehensive Assessments
  - Essential skills and knowledge underpinning effective assessment
  - Exploring the structured format for physical examination
  - Paediatric clinical assessment tools
  - The importance of a systematic approach
  - The process of exclusion in paediatric diagnosis
  - Practical tips for diagnosis and management during assessments
- Effective History Taking
  - Developing effective techniques for gathering comprehensive paediatric histories
  - Addressing challenges in eliciting information from children and their caregivers
- Communication with Children and Parents
  - Effective communication techniques with paediatric patients and their parents/carers
  - Strategies for building trust
  - Recognising and addressing cultural factors
  - Addressing and managing language barriers
- Examination of the Respiratory System
  - Understanding the basics of respiratory assessments
  - Recognition of common respiratory issues in children
- Cardiovascular Assessment
  - Developing skills in cardiovascular assessments
  - Recognition of common cardiovascular issues in children
- Abdominal Examination
  - Conducting thorough abdominal examinations in paediatric patients
  - Recognition of common abdominal complaints in children
- Neurological Examination
  - Effective neurological assessments
  - Recognition of common neurological issues in children

- Other Specialised Assessments
  - Techniques for ENT assessments
  - Paediatric eye examinations
- Recognition of the Sick Child and Emergency Situations
  - Recognising paediatric emergencies in primary care
  - Identifying signs and symptoms indicative of a sick child and red flag presentations
  - Differentiating between serious and non-serious illnesses
  - Managing and assessing acute pain in children
- Safeguarding Issues
  - Understanding guidelines for identifying non-accidental injuries
  - Identifying and managing safeguarding concerns
- Putting It All Together in Practice
  - Integrating assessment findings for comprehensive paediatric care
  - Practical case studies and group discussions
  - Q&A session

### **Course Alignment**

This course has been developed in line with the following guidelines

RCPCH Guidelines:

<https://www.rcpch.ac.uk/resources/clinical-guidelines>

RCN:

<https://www.rcn.org.uk/-/media/Royal-College-Of-Nursing/Documents/Publications/2020/December/009-405.pdf>

<https://www.rcn.org.uk/-/media/royal-college-of-nursing/documents/publications/2017/may/pub-005942.pdf>

NICE guideline [NG143]: Fever in under 5s: assessment and initial management

<https://www.nice.org.uk/guidance/ng143>

NICE guideline [NG18] Diabetes (type 1 and type 2) in children and young people: diagnosis and management

<https://www.nice.org.uk/guidance/ng18>

NICE guideline [NG9] Bronchiolitis in children: diagnosis and management

<https://www.nice.org.uk/guidance/ng9>

NICE guideline [NG217] Epilepsies in children, young people and adults

<https://www.nice.org.uk/guidance/ng217>

NICE guideline [NG80] Asthma: diagnosis, monitoring and chronic asthma management

<https://www.nice.org.uk/guidance/ng80>

NICE guideline [NG76] Child abuse and neglect

<https://www.nice.org.uk/guidance/ng76>

Clinical guideline [CG89] Child maltreatment: when to suspect maltreatment in under 18s

<https://www.nice.org.uk/guidance/cg89>

Clinical guideline [CG102] Meningitis (bacterial) and meningococcal septicaemia in under 16s: recognition, diagnosis and management

<https://www.nice.org.uk/guidance/cg102>

Clinical guideline [CG84] Diarrhoea and vomiting caused by gastroenteritis in under 5s: diagnosis and management

<https://www.nice.org.uk/guidance/cg84>

Paediatric Clinical Assessment Tools: Birmingham NHS

<https://theacpforum.co.uk/wp-content/uploads/2020/01/Paediatric-clinical-assessment-tools.pdf>