

# THE 5 'T'S OF TROPICAL DISEASE

**Type**  
What type of organism is it?  
What symptoms does it cause?

**Transmission Route**  
How is the disease transmitted?

**Treatment & Prevention**  
Is there a treatment post exposure?  
Any pre-exposure measures?

**Travellers Risk**  
What factors increase the travellers risk of the disease?

**Take Home Message**  
What are the key messages that you want a traveller to retain?

	Type	Transmission Route	Treatment & Prevention	Travellers Risk	Take Home Message
Hepatitis A					
Typhoid					
Cholera					
Diphtheria					
Tetanus					
Polio					
Hepatitis B					
Rabies					

	Type	Transmission Route	Treatment & Prevention	Travellers Risk	Take Home Message
Men ACWY					
Yellow Fever					
Tick borne Encephalitis					
Japanese Encephalitis					
Dengue Fever					
Chikungunya					
Tuberculosis					
Measles					